

Hesleden Primary School – PSHCE OVERVIEW - 2021 - 2022 [Cycle A]

Relationships <i>Families and Relationships / Safe Relationships / Respecting ourselves and others</i>	Class 1 - EY	Class 3 - Y3/4/5
Living in the Wider World <i>Belonging to a community / Media Literacy & Digital Resilience / Money & Work</i>	Class 2 - Y1/2	Class 4 - Y5/6
Health and Wellbeing <i>Physical Health and Mental Wellbeing / Growing & Changing / Keeping Safe</i>		

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Class 2	<p>Transition – changing class, year group, home, families</p> <p>Safety in varying environments- risk and safety at home Emergency strategies</p>	<p>What rules are: caring for others’ needs and looking after the environment</p>	<p>Growing and changes . Naming body parts</p>	<p>What is money? Looking after money Needs and wants</p>	<p>Roles of different people: school, community, family, friends</p> <p>Recognizing privacy, staying safe, seeking permission</p>	<p>Recognizing things in common and differences</p> <p>Playing and working cooperatively</p> <p>Sharing and respecting opinions/views</p>
Class 3	<p>Maintaining a balanced lifestyle including oral hygiene and dental care with diet</p> <p>Healthy choices and Mental health choices</p>	<p>Personal strengths and achievements</p> <p>Managing setbacks, resilience and reframing disappointments</p>	<p>Recognising respectful behaviour to self and others</p> <p>positive friendships and online</p> <p>Personal hygiene, vocab external genitalia, readiness for puberty</p>	<p>Respecting similarities and differences</p> <p>Personal boundaries Responding safely to hurtful behavior</p> <p>Valuing diversity Challenging discrimination and stereotypes</p>	<p>Value of rights and laws, freedoms and responsibilities</p> <p>Keeping safe, drugs, alcohol, smoking</p>	<p>What makes a community and shared responsibilities</p> <p>Recognizing MH of others</p> <p>Recognizing individuality</p>
Class 4	<p>Physical contact, consent and feeling safe</p> <p>Healthy habits</p> <p>Increasing independence and keeping safe</p> <p>Responding to hurtful behaviour, managing confidentiality and risks online</p>	<p>Recognizing respectful behaviour, the importance of self- respect, courtesy and being polite</p> <p>Human reproduction and birth. Puberty</p> <p>Managing friendships and peer influences</p>	<p>Influences and attitudes to money</p> <p>Money and impacts on life journeys</p>	<p>Keeping safe, drugs, alcohol, smoking</p>	<p>Transition and changes</p>	<p>Respecting personal space</p> <p>Respecting and responding to a wide range of people.</p>